

What approaches have you found to be effective for helping patients remember to bring all of their medications in with them to every visit?

1. When the patient arrives for an appointment, make sure the nurse asks if they brought their meds with them. If they say "no," have the nurse say, "Oh, Dr..... is going to be so upset with both of us."
2. Make sure that the nurse or clinician checks the meds against the med list in the chart at each visit (reinforces the importance of bringing them in).
3. Have a bright colored sign in each exam room facing the chair where the patient sits saying "Please bring all of your medications to every visit."
4. Have the receptionists remind the patient at the time they make the appointment and when they call the patient to remind them of their visit.
5. Give out a medication carrying case and encourage the patient to bring it with them to all their visits.
6. Provide the patient with a card to put their medications on and encourage the patient to keep the updated medication list in their wallet.
7. If instructions are given to the patient, on the instruction sheet put the message, "Please bring all of your medications to every visit."
8. Always remind the caregiver or significant other about bringing the medications to every visit too.